

**Torah Alive!**

www.drchad.faithweb.com

**Summary and Energy of the Portion**

*There's a time to be still and quiet*

**The Sabbath as Part of Creation, not Law****The Vocation of Crying Out: There's a Time to Cry Out****Why You Talking to Me? There's a Time to Move It!**

**אֵלַי** (*elai; to me*)

**Action**